

Live Life Your Way...

Individualized care and services personalized when you need them.



LIVE BALANCED – LIVE BETTER



For more information or to book a tour:

CALL 905-436-1901

259 HILLCROFT STREET OSHAWA ON L1G 8E4

www.livinglivitaoshawa.com

 **Livita Centennial**
RETIREMENT RESIDENCE



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Live Life Your Way

Livita Centennial is an inclusive, age-in place community providing comfort and security. Guided by the philosophy that a balanced lifestyle is a better lifestyle, we are dedicated to providing you with programs and services that promote vibrant, healthy and fulfilling lives. Our full-service senior living residence is designed to meet the needs as you change, by providing exceptional care and support services.



Stay your way. There is always something happening at Livita Centennial. You can enjoy a full array of interesting clubs, programs, entertainment, exercise and crafts as well as parties, BBQ's, church service, moving nights and various special events.

Independent Living:

- Access to à la carte Living Well Choices
- Three nutritious meals daily with available alternative options
- 24 hour Bistro
- Weekly housekeeping services including laundering of bed linens and towels
- Access to all amenities and innovative life enrichment programs
- HD cable TV service
- 24-hour emergency call system in suite
- Resident status checks

Short Stay Program:

Trial Stays | Post-op Recovery | Caregiver Relief

- Access to à la carte Living Well Choices
- Fully furnished suite complete with linens and towels
- 3 meals a day including refreshments and snacks
- All amenities and activities
- HD cable TV
- 24-hour emergency call system in suite
- Medication Administration
- Resident status checks



Assisted Living

Living Well Choices - added support to help you live your way.

As a key part of our **LIVE BALANCED, LIVE BETTER** philosophy, our Living Well Choices ensure your mental and physical well-being. We offer a mix of optional care services customized to your needs and wishes, and flexible to adapt should your needs change.

- Personal care: assistance with Bathing/Dressing
- Support with TED stockings, Hearing Aids, Cpap
- Contingence Care
- Diabetes Care – blood glucose monitoring, oral and injectable diabetic medication, diet
- Lab Services – Weekly blood and urine specimen samples
- Medication Management – reordering, documented medication administration
- Weight bearing – support with transferring including a 2-person transfer.
- Support Services – assistance with facilitating additional community professional services. ie. Footcare, Pharmacy, vision, dental and mobility assistance

Ask about other medical care and support services.

