

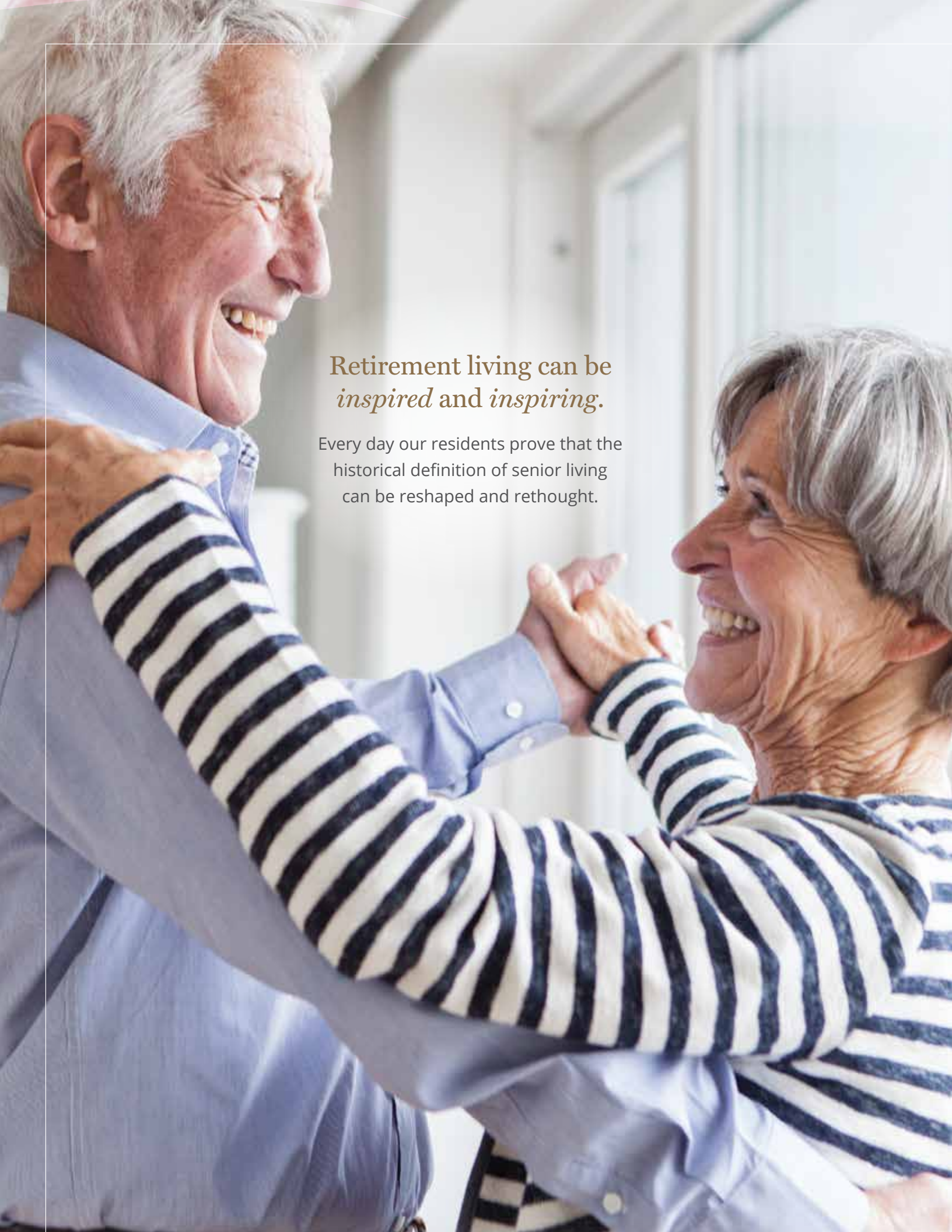


Let's journey *together*

  
**CANTERBURY PLACE**  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH





Retirement living can be  
*inspired* and *inspiring*.

Every day our residents prove that the  
historical definition of senior living  
can be reshaped and rethought.





## Welcome *home*

Canterbury Place Retirement Residence is ideal for independent seniors and those in need of a little extra support in a place where luxury, comfort, and security are just a part of everyday living!

Centrally located in the vibrant North York neighbourhood, you can be as active or relaxed as you choose with specialized programs, amenities, and exceptional dining opportunities designed to enrich your lifestyle and feed the soul.

**Be** *on your own terms*





*One bedroom suite*

## Our Accommodations

Create a living space that is uniquely you. Our suites come in different sizes, so you can pick the one that fits your style best. Relax and read your book or enjoy your favourite beverage in the privacy of your own suite. You will have access to great amenities and programs, as well as a community of people just like you. And if you have a furry family member, they're welcome too!

Our suite features:

- Well-appointed kitchenettes
- Climate control for your suite
- Accessible showers
- 24/7 Emergency response system
- Pet-friendly
- Weekly housekeeping service
- Weekly laundry service of bed linens and towels
- Window coverings
- Balconies or terraces on all suites
- Complimentary laundry facilities

## Respite Stays

We offer respite stay services in private, fully furnished suites that include a telephone, television, and a monitored emergency response system. Caregivers and family members can find relief and peace of mind knowing their loved ones are being looked after by professionals in a safe and secure environment that feels like home.



*Piano lounge*

## Our Amenities

Living at Canterbury Place Retirement Residence, you will be energized and inspired—whether you're relaxing in the comfort of your suite, listening to live music, or enjoying a game of cards with friends. Experience our chef's home cooking and invite your family and friends to join you for a meal. Your friends will feel comfortable the moment they enter our lounge/bar and share a cappuccino, glass of wine, beer, or cocktail with you.

Our residence features:

- Main dining room
- Bistro and bar
- Private dining room
- Country kitchen
- Fitness and wellness centre
- Spa and hair salon
- Fireplace lounge
- Library
- Activity room
- Movie theatre
- Piano lounge
- Billiards and games room
- General store
- Outdoor terrace
- Transportation for planned excursions
- Guest suites
- Personal mailboxes



## Your Well-being

As evolving and varied as they may be, we all want our needs met in a certain way. At Canterbury Place Retirement Residence, we celebrate that. Though the types of care we offer are different, the level of respect and dignity we display is unwavering.

INSPIRED SENIOR LIVING WITH



### Independent Living

- Two exceptional, chef-inspired meals daily and a continental breakfast
- Access to first-class services and amenities
- Specialized and purpose-built life enrichment and fitness programs
- Transportation for planned excursions
- Personalized wellness programs and clinic
- Access to support services as required
- Resident wellness checks (e.g. unexplained absence at lunch or dinner)
- Weekly housekeeping services including laundering of bed linens and towels
- Emergency response system including pendant
- Professional on-site management
- 24-hour security monitoring service

### Personalized Support

When you or your loved one needs a little extra support, we offer a tailored approach to care with à la carte options designed to complement our Independent Living services.

Personalized support can include:

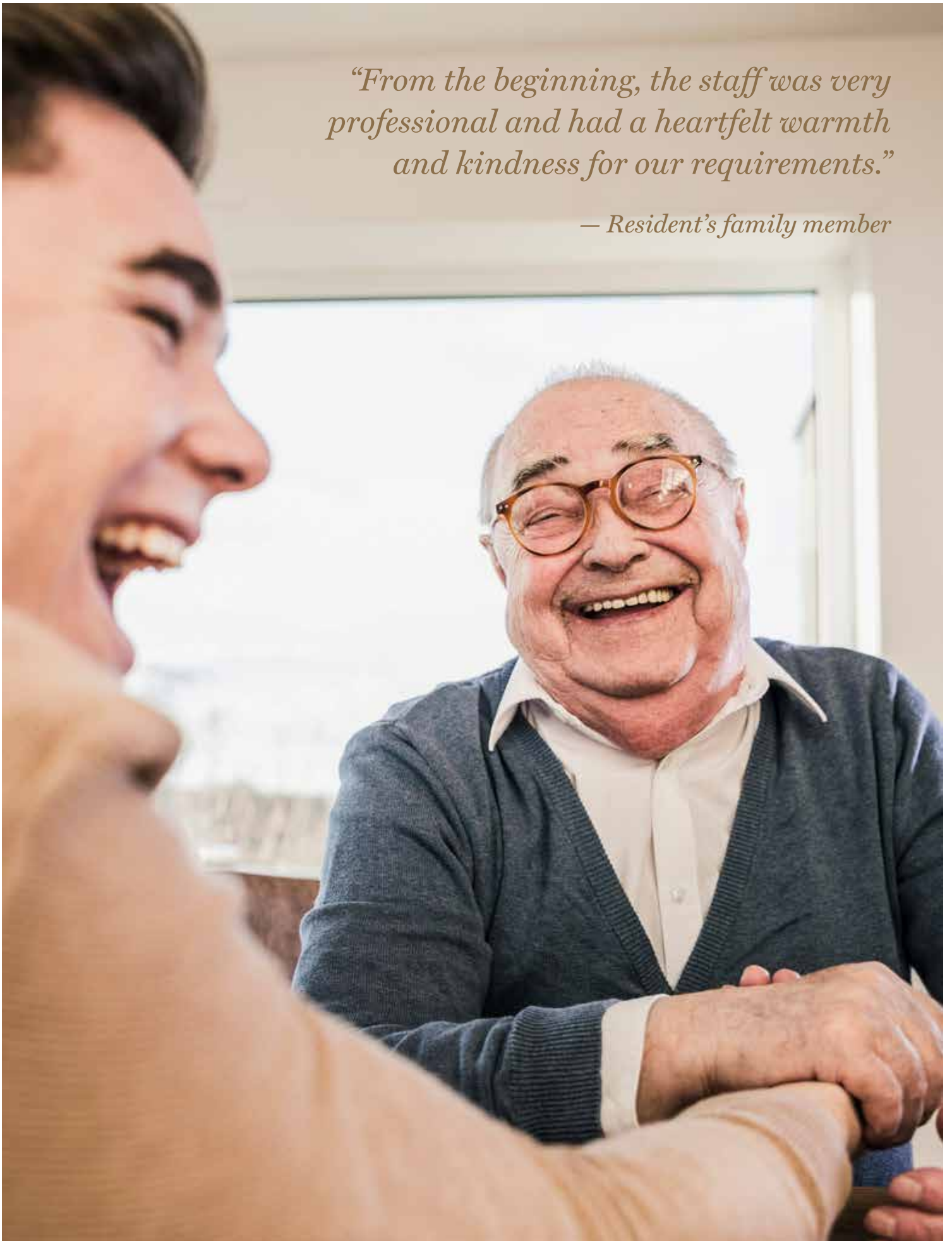
- Medication administration
- Assistance with light personal care
- 24-hour nursing staff available
- Weekly personal laundry

*Ask a representative for a complete list of our à la carte personalized support service options.*



*“From the beginning, the staff was very professional and had a heartfelt warmth and kindness for our requirements.”*

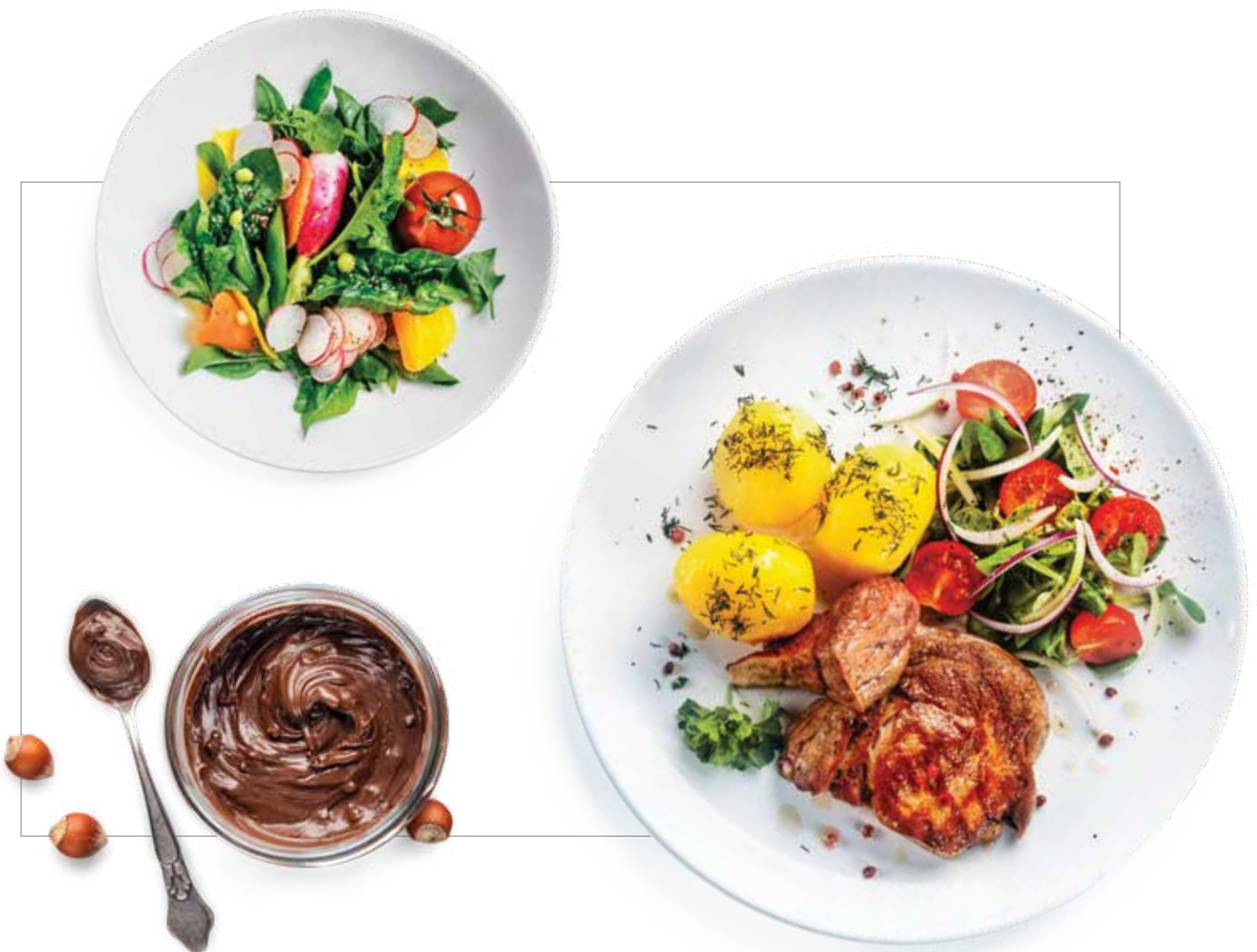
*— Resident’s family member*



# *A fresh take on dining*

For most of us, the kitchen is the heart of any home where everyone is welcome, and everyone's tastes and preferences are taken into consideration. We agree that a good meal, formal or informal, is part of creating great memories. At Canterbury Place Retirement Residence, our culinary team takes care of everything so you can enjoy your time with friends and family. We are quite literally at your service!

- *Living, Loving, Local* food program
- Continental breakfast
- Dining room with open seating
- Monthly brunches
- Daily specials and à la carte menu options
- Dietary accommodations
- Licensed bar, dining room, and patio
- Express lunch
- Private dining room for family gatherings
- Healthy choices, including superfoods







Indulge in immersive experiences and a community atmosphere unlike any other.

## Life Enrichment

At Canterbury Place Retirement Residence, everything we do is to ensure that you have a great day, every day! That's why we hold monthly meetings to recognize that your opinions and suggestions are valued. Our monthly calendar is a great reflection of how we act upon your ideas. Selected by the residents, our engaging activities will inspire you to participate!


- Excursions to museums, galleries, and entertainment venues
- Guest speakers specializing in music, art, health, education, technology, and politics
- Regularly scheduled live entertainment
- On-site vendors offering unique clothing, jewelry, and more so you can shop in the convenience of your home
- Various on-site non-denominational religious services
- Monthly resident council meetings

Fitness classes include:

- Walk Fit
- Drum Fit
- Go4Life
- Dance classes
- Yoga

Other purposefully designed programs include:

- Meet Me at the MoMA
- Artfull Enrichment Program
- Java Music Club
- Java Memory Club
- Fit Minds

An elderly couple is shown in a domestic setting. The woman, on the left, has short brown hair and is wearing a light-colored t-shirt and pants. She is smiling broadly and clapping her hands. The man, on the right, has white hair and is wearing a light purple striped short-sleeved shirt. He is also smiling and clapping. In the foreground, a pair of hands is seen playing a piano. The background is slightly blurred, showing a doorway and some furniture.

*“Our philosophy for better health and well-being is living an inspired life.”*

## It's About You

Attention to individual needs and wellness is a priority at Canterbury Place Retirement Residence. We have a monitored emergency response system and are staffed 24 hours a day by a team of individuals dedicated to your comfort and well-being. In addition, your Health & Wellness Manager provides health assessments and co-ordination of other services as needed.



## Safety & Security

Canterbury Place Retirement Residence is a place you can call home, and not because it's where you wake up every morning, but because you're surrounded by people who care about your well-being, providing you with peace of mind. We believe that you should feel safe and reassured when living in your new home. Our residence has innovative safety features.

- 24/7 emergency response pendant
- Security door system and cameras in public areas
- Regular fire safety and equipment testing
- Sprinkler system and smoke detectors
- Emergency response system in every suite



Emergency response pendant



Regular safety equipment checks

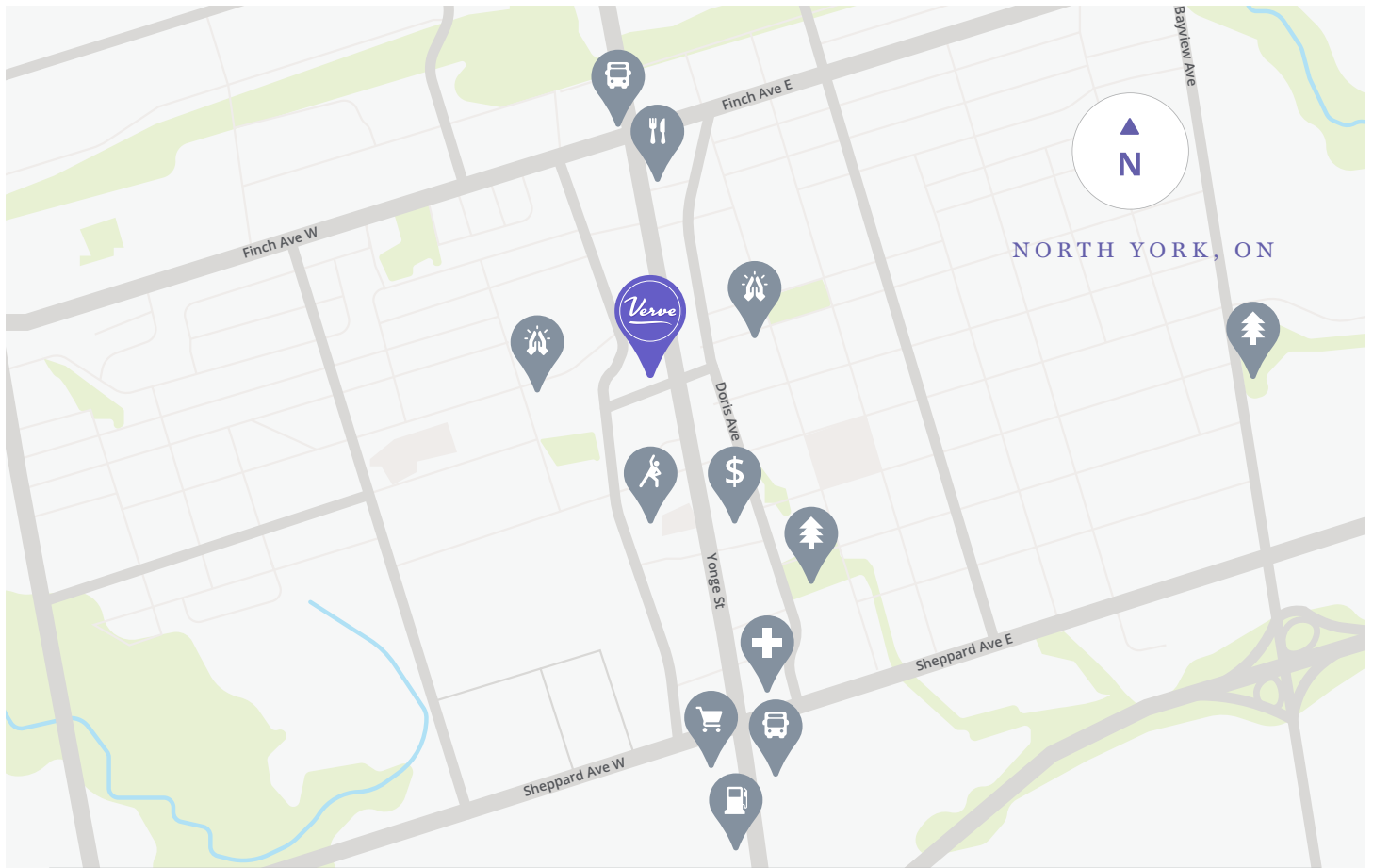


Sprinkler system and smoke detectors



In-suite emergency response system





## The Neighbourhood of Canterbury Place Retirement Residence

- |                  |                  |                  |             |         |
|------------------|------------------|------------------|-------------|---------|
| Park             | Grocery          | Restaurant       | Bank        | Worship |
| Medical Facility | Public Transport | Community Centre | Gas Station |         |

Map not to scale

*A view of the idyllic grounds of Canterbury Place Retirement Residence.*



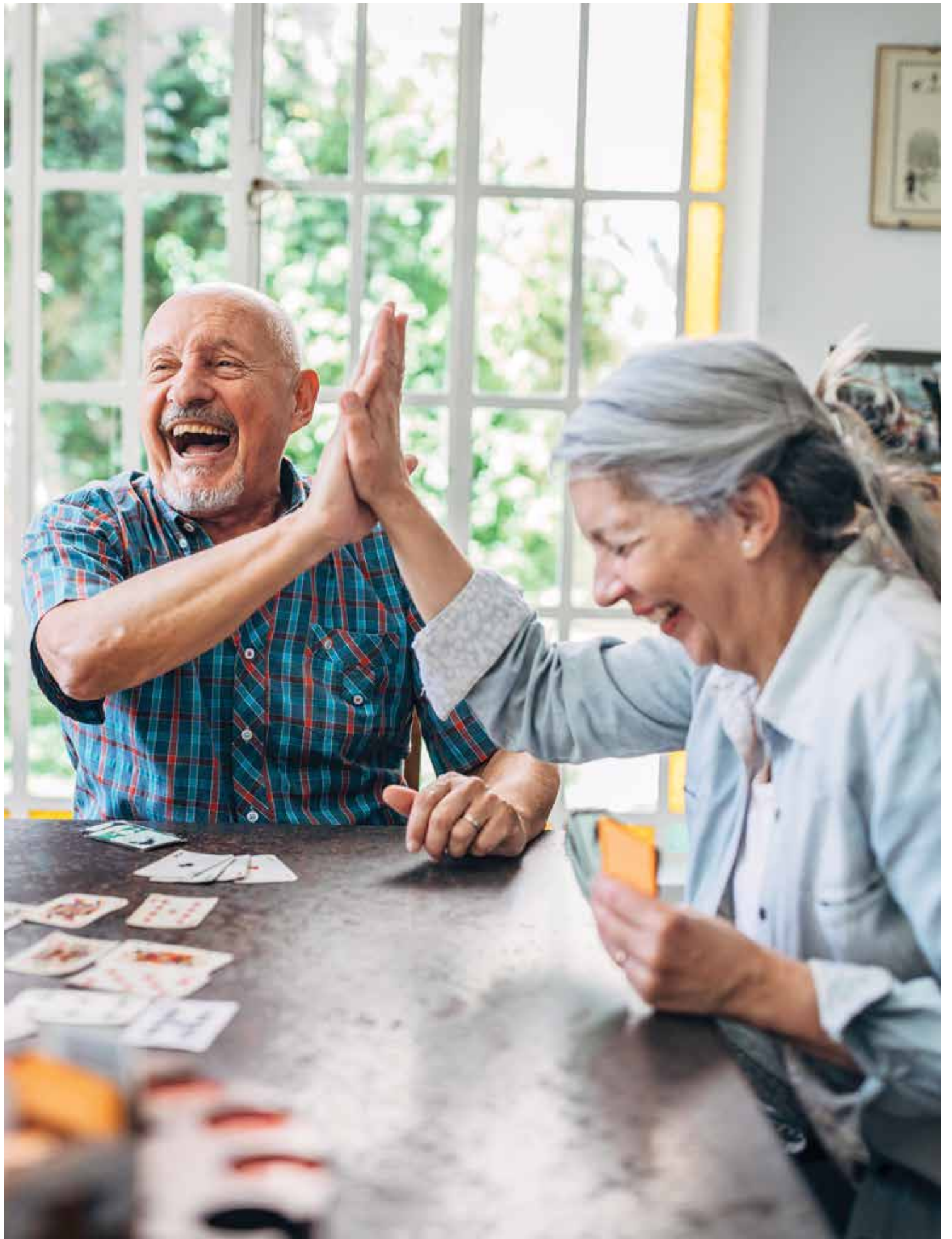
# North York, where you can live an *inspired* retirement every day

Centrally situated in the “City with Heart”, Canterbury Place is a walker’s paradise, with nearby parks such as Canterbury Parkette, Dempsey Park, and Gibson Park, shops, restaurants, hospitals, and transportation hubs on your doorstep. Enjoy the convenience of the weekly Farmer’s Market, swim at the Douglas Snow Aquatic Centre, or visit the North York Central Library, Meridian Arts Centre, North York Civic Centre, and Empress Walk Cineplex—all close by. Canterbury Place offers an inclusive, active community that reflects the multi-cultural makeup of our neighbourhood!



*Near walking trails and a bustling neighbourhood, North York has it all — right at your fingertips.*











We believe retirement living can be *inspired*, and *inspiring*.

Every day our residents redefine aging by experiencing retirement with purpose. An empowered life built on the pillars of mind, body, and spirit is the cornerstone of Verve Senior Living, supported by a professional team with a passion for excellence.

#### Canterbury Place Retirement Residence

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