



Let's journey *together*



INSPIRED SENIOR LIVING WITH





Retirement living can be  
*inspired* and *inspiring*.

Every day our residents prove that the  
historical definition of senior living  
can be reshaped and rethought.



## Welcome *home*

Lake Bonavista Village is situated in the established and elegant community of Lake Bonavista amongst the serenity of mature trees and open landscapes. We offer a balance of autonomous living and community involvement through outstanding amenities, exquisite dining options, and diverse recreational and social events.

Meander through our cul-de-sac community of thirteen cottages settled on our eight acres of tended gardens, putting green and swimming pool—and discover the art of aging in an engaging and impressive setting. Welcome to retirement living.

Be *on your own terms*





*One bedroom suite*

## Our Accommodations

Create a living space that is uniquely you. Our suites come in different sizes, so you can pick the one that fits your style best. Relax and read your book or enjoy your favourite beverage in the privacy of your own suite. You will have access to great amenities and programs, as well as a community of people just like you. And if you have a furry family member, they're welcome too!

### Our suite features:

- Well-appointed kitchenettes
- Heat control for your suite
- Accessible showers
- 24/7 Emergency response system
- Pet-friendly

## Respite Stays

We offer respite stay services in private, fully furnished suites that include a telephone, television, and a monitored emergency response system. Caregivers and family members can find relief and peace of mind knowing their loved ones are being looked after by professionals in a safe and secure environment that feels like home.

- Weekly housekeeping service
- Weekly laundry service of bed linens and towels
- Window coverings
- Balconies on every suites
- Complimentary laundry rooms



*Pool*

## Our Amenities

Living at Lake Bonavista Village, you will be energized and inspired—whether you're relaxing in the comfort of your suite, listening to live music, or enjoying a game of cards with friends. Experience our chef's home cooking and invite your family and friends to join you for a meal. Your friends will feel comfortable the moment they enter our lounge/bar and share a cappuccino, glass of wine, beer, or cocktail with you.

### Our residence features:

- Main dining room
- Bistro and bar
- 24-hour breakfast rooms
- Private dining room
- Fitness and wellness centre
- Nail spa and hair salon
- Fireplace lounge
- Library
- Activity room
- Movie theatre
- Games room
- Tuck shop
- Worship centre
- Outdoor terrace
- Transportation for planned excursions
- Guest suites
- Swimming pool
- Putting greens
- Personal mailboxes



## Your Well-being

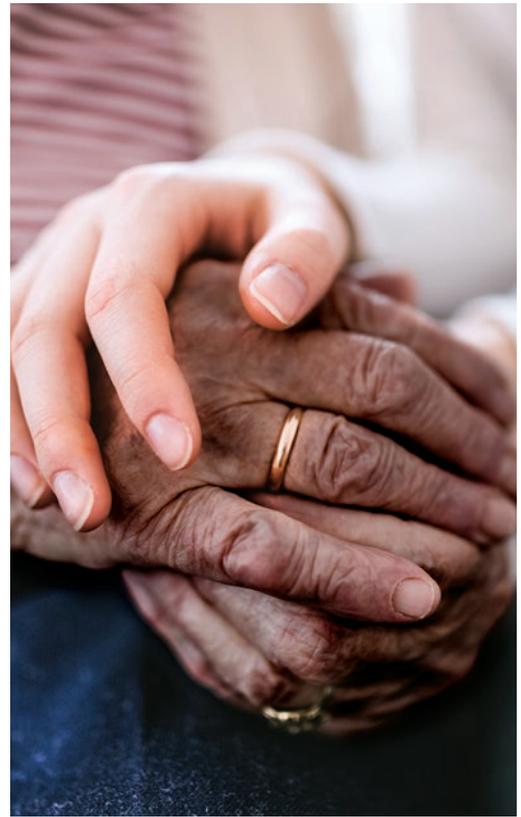
As evolving and varied as they may be, we all want our needs met in a certain way. At Lake Bonavista Village, we celebrate that. Though the types of support we offer are different, the level of respect and dignity we display is unwavering.

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### Independent Living

- Three exceptional, chef-inspired meals daily and a continental breakfast
- Access to first-class services and amenities
- Specialized and purpose-built life enrichment and fitness programs
- Transportation for planned excursions
- Personalized wellness programs and clinic
- Access to support services as required
- Resident wellness checks (e.g. unexplained absence at lunch or dinner)
- Weekly housekeeping services including laundering of bed linens and towels
- Emergency response system including pendant
- Professional on-site management
- 24-hour security monitoring service
- In-house access to pharmacy services
- Medical appointment transportation



At Lake Bonavista Village, we believe that all of our residents should live purposefully, with spirit, energy, and the confidence to participate fully in community and social events. Changing needs are always met with respect by our highly trained, certified team members.

## Personalized Support

When you or your loved one needs a little extra support, we offer a tailored approach to care with à la carte options designed to complement our Independent Living services. Some services provided through the Alberta Health Services Home Care Program. Please ask for more information.

Personalized support can include:

- Medication administration
- Assistance with light personal care
- 24-hour registered staff available
- Weekly personal laundry

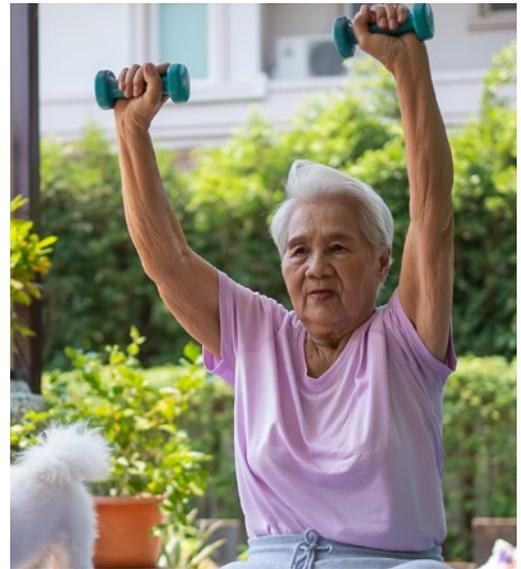
*Ask a representative for a complete list of our à la carte personalized support service options.*

# *A fresh take on dining*

For most of us, the kitchen is the heart of any home where everyone is welcome, and everyone's tastes and preferences are taken into consideration. We agree that a good meal, formal or informal, is part of creating great memories. At Lake Bonavista Village, our culinary team takes care of everything so you can enjoy your time with friends and family. We are quite literally at your service!

- *Living, Loving, Local* food program
- Continental breakfast
- Dining room with open seating
- Themed brunches
- Daily specials and à la carte menu options
- Dietary accommodations
- Licensed bar, dining room, and patio
- Express lunch
- Private dining room for family gatherings
- Healthy choices, including superfoods





Indulge in immersive experiences and a community atmosphere unlike any other.

## Life Enrichment

At Lake Bonavista Village, everything we do is to ensure that you have a great day, every day! That's why we hold monthly meetings to recognize that your opinions and suggestions are valued. Our monthly activities calendar is a great reflection of how we act upon your ideas. Selected by the residents, our engaging activities will inspire you to participate!

- Excursions to museums, galleries, and entertainment venues
- Guest speakers specializing in music, art, health, education, technology, and politics
- Regularly scheduled live entertainment
- On-site vendors offering unique clothing, jewelry, and more so you can shop in the convenience of your home
- Various on-site non-denominational religious services
- Monthly resident council meetings

### Fitness classes include:

- Walk Fit
- Drum Fit
- Go4Life
- Dance classes
- Yoga

### Other purposefully designed programs include:

- Meet Me at the MoMA
- Artfull Enrichment Program
- Java Music Club
- Fit Minds

An elderly couple is shown in a domestic setting. The woman, on the left, has short brown hair and is wearing a light-colored t-shirt and pants. She is smiling broadly and clapping her hands. The man, on the right, has white hair and is wearing a light purple and white striped button-down shirt. He is also smiling and clapping. In the foreground, a pair of hands is seen playing a piano. The background is slightly blurred, showing a doorway and some furniture.

*“Our philosophy for better health and well-being is living an inspired life.”*

## It's About You

Attention to individual needs and wellness is a priority at Lake Bonavista Village. We have a monitored emergency response system and are staffed 24 hours a day by a team of individuals dedicated to your comfort and well-being. In addition, your Health & Wellness Manager provides health assessments and co-ordination of other services as needed.



## Safety & Security

Lake Bonavista Village is a place you can call home, and not because it's where you wake up every morning, but because you're surrounded by people who care about your well-being, providing you with peace of mind. We believe that you should feel safe and reassured when living in your new home. Our residence has innovative safety features.

- 24/7 emergency response pendant (optional)
- Security door system and cameras in public areas
- Regular fire safety and equipment testing
- Sprinkler system and smoke detectors
- Emergency response system in every suite



Emergency response pendant (optional)



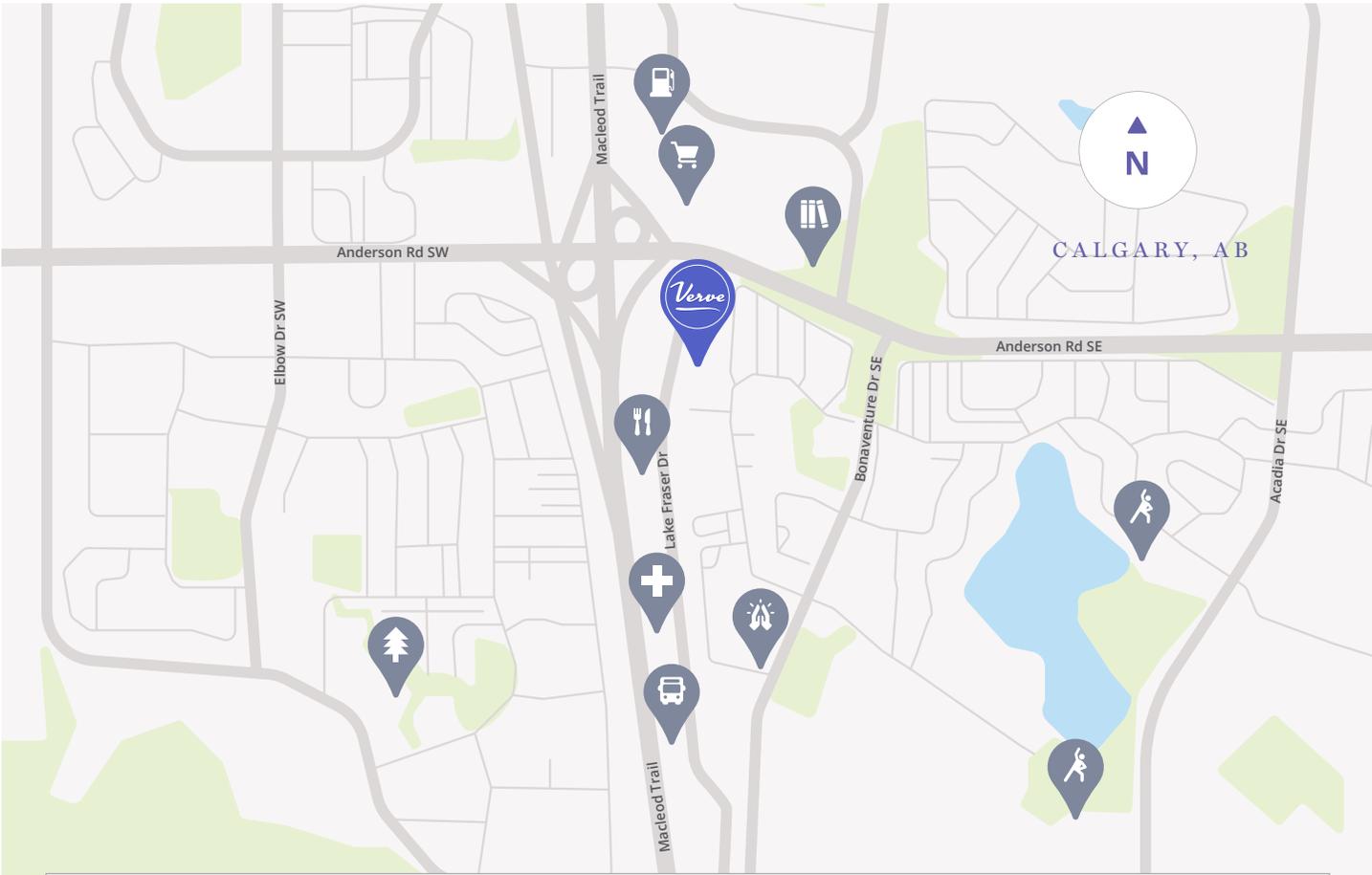
Regular safety equipment checks



Sprinkler system and smoke detectors



In-suite emergency response system



### The Neighbourhood of Lake Bonavista Village

- Park
- Grocery
- Restaurant
- Gas Station
- Worship
- Medical Facility
- Public Transport
- Community Centre
- Library

Map not to scale

*A view of the idyllic grounds of Lake Bonavista Village.*



# Live retirement *inspired* in beautiful Calgary

Within walking distance of Southcentre Mall and your favorite coffee shop, Lake Bonavista Village is pleasantly situated on eight park-like acres close to the intersection of Macleod Trail and Anderson Road in the heart of southeast Calgary. Our residents enjoy a host of amenities, from churches to clinics, an array of restaurants, and a hotel all within walking distance of home. And if you choose to venture further, the city transit stop is right outside our front door!









We believe retirement living can be *inspired*, and *inspiring*.

Every day our residents redefine aging by experiencing retirement with purpose. An empowered life built on the pillars of mind, body, and spirit is the cornerstone of Verve Senior Living, supported by a professional team with a passion for excellence.

[Lake Bonavista Village](#)

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